

# HUB BULLETIN



OCTOBER – DECEMBER 2023 ISSUE no. 67

## General Managers Report

Welcome to the 67th edition of the Hub Bulletin:

These were some of the administration activities during the previous few months:

- 5th Oct: NDS Anti-discrimination Act webinar.
- 18th Oct: Hub staff training—First Aid.
- 27th Oct: NDS Fast facts live webinar.
- 2nd—3rd Nov: 30 Mob Gathering at Maleny.
- 15th Nov: Hub Annual Skills Staff Training Day.
- 24th Nov: NDS Fast facts live webinar.
- 28th Nov: PACE NDIS online information webinar.
- 14th Dec: Hub Management Committee Meeting.
- 15th Dec: Hub Staff/Participant Breakup BBQ.

I would like to express my thanks for another great year working along with our Management Committee Members, Senior Staff, Support Workers, our extensive community networks, and most importantly YOU: our Participants and your families. I hope and pray you will all have a safe and happy holiday season. I look forward to seeing you in 2024 and am confident we can continue our good work together.

Until Next time, *Regards, Robyn.*



### FUN FACTS AND JOKES:

The  
“Enterprise”  
was the first  
NASA built  
Space Shuttle.

What did one  
snowman say  
to the other?  
Do you smell  
carrots?

Kangaroos  
never stop  
growing.

Australia is  
wider than the  
moon.

### ANTHONY'S DAY AT THE TRACK!



### NEIL'S WORKOUT ROUTINE

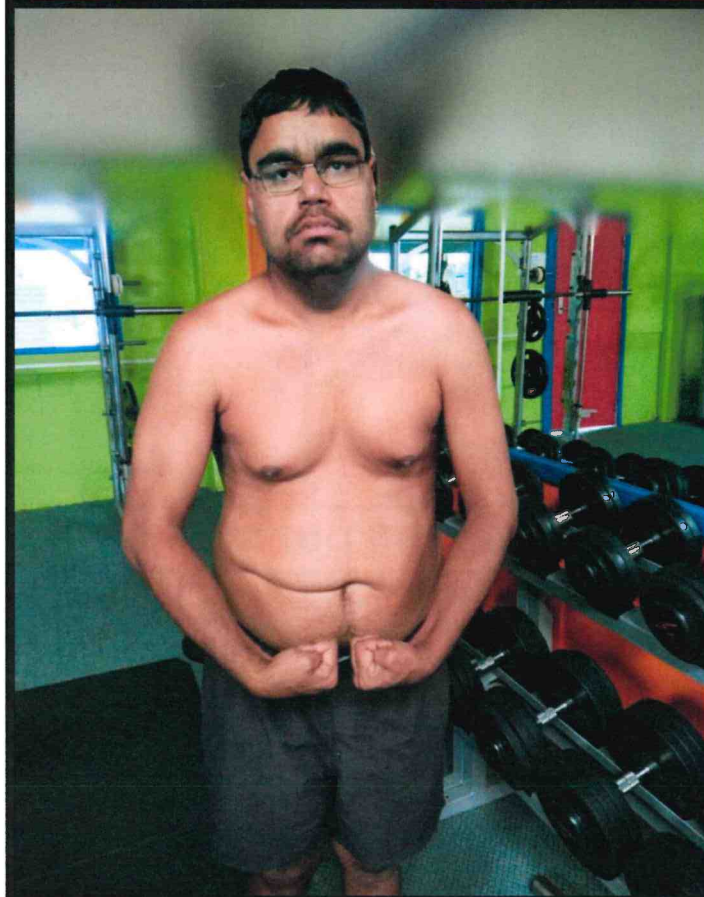




## RECENT ACTIVITIES



*HUB Participant **Calom** (Right) attended a country music concert at the Kumbia Hall on Sunday the **26th of November**. Cal thoroughly enjoyed the show, which featured the likes of Chad Morgan and Dean Perrett. Calom had front row seats during the performance, and could be heard clapping and cheering for the duration of the show.*



**JAREECE AT THE GYM**



**COL PEAREN & CR KATHY DUFF**



## HUB HOLIDAYS



### GREG AND RITA'S GETAWAY



HUB Participants **Greg & Rita** recently went on a holiday to Hervey Bay from the **8th to the 12th of November!** They visited the Botanical Gardens, Reef World, Nangra Markets and the Hervey Bay Boating Club during their week long stay. They had plenty of delicious sea food, and enjoyed the perfect sunny weather.



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# HUB HOLIDAYS



## AUNTIE DORA AND RONNIE MAC'S HOLIDAY



From the 27th of November to the 1st of December, Auntie Dora & Ronnie Mac attended an annual holiday to Caloundra and the Sunshine Coast.

Ronnie is pictured here at Sea Life Aquarium with Support Workers Angela & Mikey.

Other activities included catching a movie at the cinemas, walks and drives along the esplanade and more.

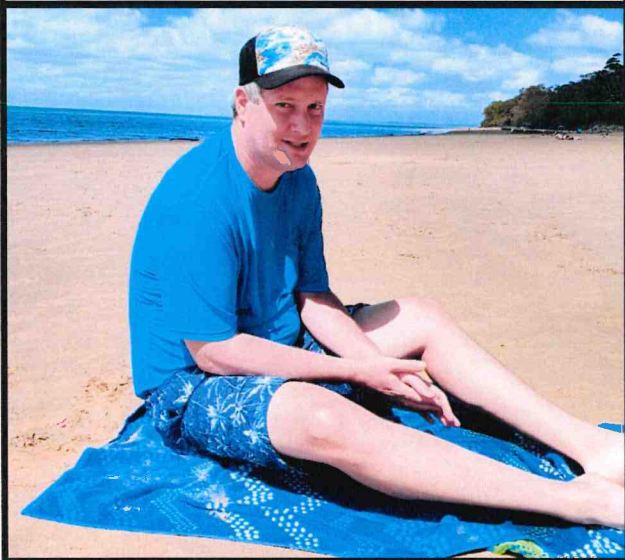
The name Caloundra is from Gubbi Gubbi language—Cullowundoor—meaning 'beach tree' and 'place'.



## ANDY'S BEACH DAY



From the 6th to the 13th of November, Andy had a break away from the South Burnett to enjoy a holiday at Hervey Bay. Here he enjoyed catching up with friends, dining out, drives and visiting the aquarium at Urangan.



## COLOR WORD SEARCH

y	b	r	b	p	g
e	l	e	r	i	g
l	u	d	o	n	r
l	e	s	w	k	e
o	r	a	n	g	e
w	h	i	t	e	n

HINT: The first letter of the word begins with it's color!

red	green	brown
blue	pink	white
yellow	orange	



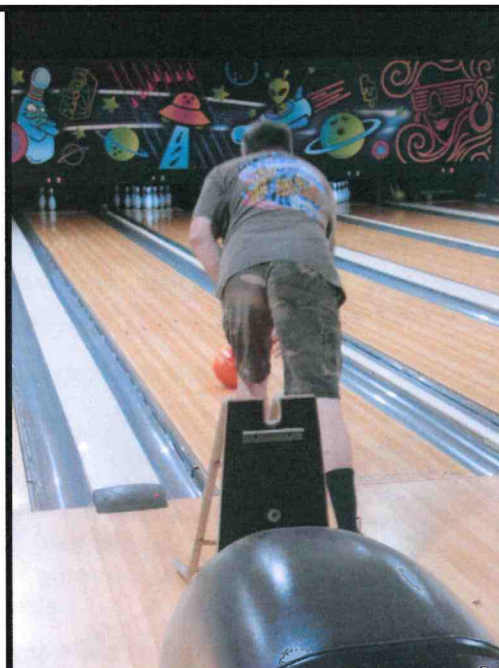
## HUB NEWS PAGE



### HUB SOCIAL OUTING — 10 PIN BOWLING!



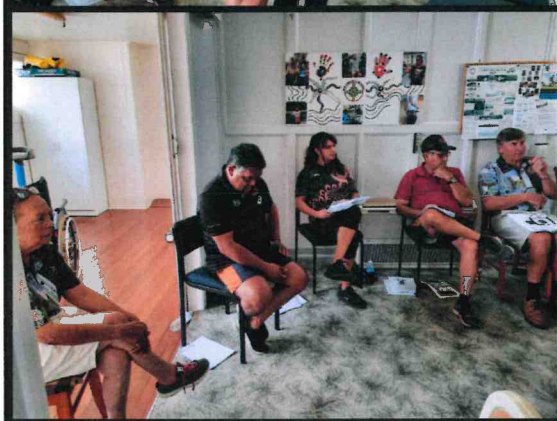
**Malcolm and Auntie Shirley** went on a Ten-Pin Bowling social outing on the **28th of October**. Auntie Shirley (Right) showed us her skills, and Malcom (Left) had a fantastic time at the alley.



### HUB EVENT — STAFF TRAINING DAY



HUB hosted a mandatory **Staff Training day** on the **15th of November**. All staff attended the event, and it acted as a refresher course for staff in the areas of First Aid and Manual Handling.



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## RECENT HUB ACTIVITIES



### 30 MOB



*General Manager **Robyn**, and Senior Support Coordinator **Scott** attended the 30 Mob 15th Anniversary Gathering!*

### SOCIAL OUTINGS CALENDAR

Social & community participation is an important part of life for all people. If you would like to attend any of the following outings please let the Hub office know:

**Sat 20th Jan: Cinemas & lunch, Kingaroy \$50**

**Sat 3rd Feb : Nanango Markets & lunch \$50**

**Sat 17th Feb: Ten Pin Bowling & lunch, Gympie \$50**

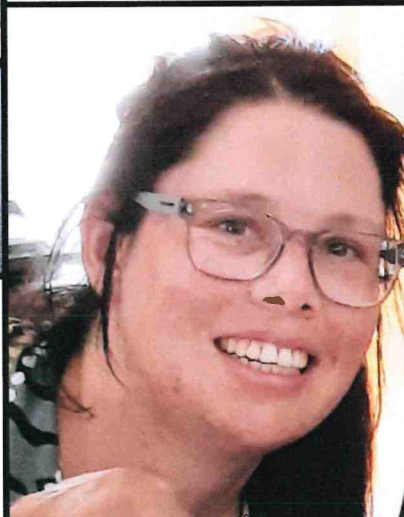
**Sat 9th Mar: Cinemas & lunch, Kingaroy \$50**

**Sat: 23rd Mar: Memerambi Springs, Lunch K'roy \$50**

Participants are reminded to remember good hygiene. Masks may be needed. If you are showing any signs of being unwell please do not request to attend the outing.

The outings are also subject to postponement or cancellation due to any changing circumstances.

Transport costs will be claimed through NDIS Plans or individually.



This is **Kelly** from **Ny Ku Byun Elders Village** in **Cherbourg**.

Kelly is 2IC at the facility and you can meet her when you call in to visit and pay respects to our Elders.

We appreciate Kelly and Ny Ku for the care they show.

### Latest NDIS Disability Report Findings, July — September 2023.

- At September 2023, 631,529 participants had approved plans (a net increase of 21,027 participants since June)
- Of the 23,803 participants entering and receiving a plan in the last quarter, 10.0% were First Nations peoples.
- The average payment per participant during the September 2023 quarter was \$63,600
- At 30 September 2023, there were 1,565 participants aged under 65 years in residential aged care. From 1 October 2022 to 30 September 2023, 207 participants have transitioned from residential aged care into age-appropriate settings

### Need to talk with someone?:

Lifeline: **131 114**  
Beyond Blue: **1300 224 636**  
Griefline: **1300 845 745**

Hub would like pay respects to first nations people past, present and future on this land we live and share as one.