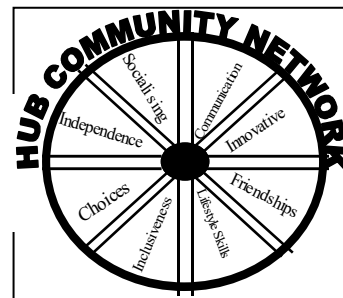


# HUB BULLETIN



**JANUARY—MARCH 2023 ISSUE no. 64**



## Managers Report

Welcome to the 64th Edition of the Hub Bulletin:

Hello to all the readers of the Quarterly Hub Bulletin! This is our first edition for the year of 2023. We are looking forward to another good year working with Participants, families and community.

Already we have been working on various programs, activities and events this year, here is a snapshot of some of these:

- **Friday 13th Jan—Attended 30 Mob online gathering.**
- **Wednesday 25th Jan—NDS Q Leave online session.**
- **Friday 27th Jan—Attended NDS Fast Facts Live online session.**
- **Thursday 23rd Feb—Hub Management Committee Meeting.**
- **Friday 24th Feb—NDS Fast Facts Live online session.**
- **Tuesday 28th Feb—Staff Manual Handling Training Session.**
- **Friday 10th Mar—30 Mob online gathering.**
- **Friday 24th Mar—NDS Fast Facts online session.**

Our Hub President and Senior management team will be attending various informative sector events throughout the year, I am looking forward to updating you on those in the near future. Until next time, enjoy this edition and stay safe and well.

Until Next time, **Regards, Robyn.**

### **FUN FACTS:**

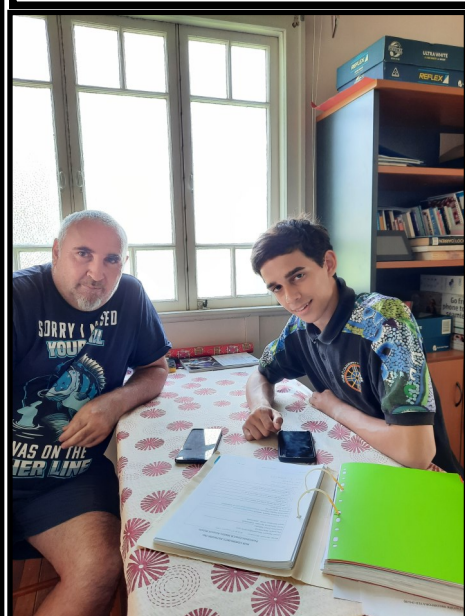
Dolphins rest with one eye open, and are partially conscious while asleep.

**More than 25% of the bones in your body are located in your feet.**

Cotton Candy was invented by a Dentist and a Confectioner, in 1897.

**At regular highway speeds, it would only take 1 hour to reach outer space.**

### **JESSE JOINS THE HUB TEAM**



Jesse (right) has joined the team here at Hub in the roles of admin support and support work.

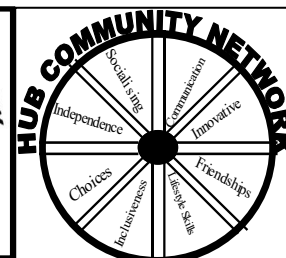
He is pictured here assisting Anthony with some tech support for his phone.

We welcome Jesse along to the Hub team and know that his skills will be an asset to our organization & Participants.

### **LEXIE SHOWCASING HER POTTERY**



## HUB NEWS PAGE



### GYM PROGRAM

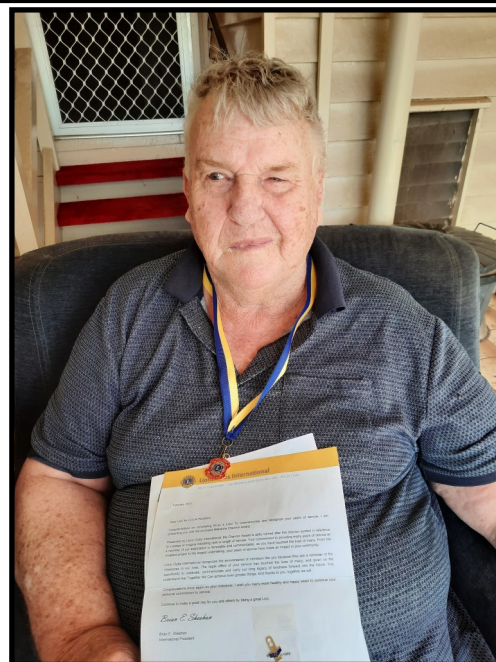


**Auntie Shirley** is an inspiration to all of us with her work outs. Here she is with Dimas her trainer.

### A LIFETIME OF SERVICE



Pictured here is **Col** who has recently been honoured for the amazing achievement of having been a member of the Lions Club here in Murgon for 50 years! His medallion



and letter can be seen here. Thanks go to Col for his long standing service to the area.

### A GREAT ACHIEVEMENT



**Malcolm** has been working at the Endeavour Business Service in Kingaroy for a number of years.

His roles have changed at times and in recent years Malcolm has been working in the café preparing meals and serving customers.

Malcolm proudly achieved the Certificate of Achievement in recognition of Gas Cookon Stove.

### SOCIAL OUTINGS CALENDAR

Social & community participation is an important part of life for all people. If you would like to attend any of the following outings please let the Hub office know:

**Sat 15th April—Cinema & lunch in Kingaroy \$50**

**Sat 29th April—Bunya Mountains Picnic \$20**

**Sat 13th May—Moffatdale Ridge lunch \$50**

**Sat 7th May—Oakey Air Base \$20**

**Sat 10th June—Kilkivan & surrounds tour & lunch \$40**

**Sat 14th June—Ten Pin bowling & lunch, Gympie \$60**

Participants are reminded to remember good hygiene. Masks may be needed. If you are showing any signs of being unwell please do not request to attend the outing.

The outings are also subject to postponement or cancellation due to any changing circumstances.

Transport costs will be claimed through NDIS Plans or individually.





## RECENT HUB ACTIVITIES

### NAN EVA COLLINS—SPECIAL DAY



It was a special day for **Nan Eva** in December 2022, when she was able to celebrate her 100th birthday at Ny Ku Byun with family, friends and other community members.

Us Mob Radio were on hand to broadcast aspects of the day live.

In addition, visitors from Blue Care and other services were invited along to this special occasion. We do wish for nan Eva to have a happy & healthy 2023.

### CHINCHILLA MELON FESTIVAL



This is **Karen** who was all dressed up and adorned with shiny red nail polish—ready to attend the Chinchilla Melon Festival which was held on **Saturday the 18th of February**.

This festival has

been running since 1994 and is held every 2 years. It always attracts large and exuberant crowds who indulge in various exciting activities that usually involve—watermelons. We're sure you had a great day out Karen.

### HOLIDAYS ARE GREAT!



From the 3rd to the 5th of January **Malcolm** was assisted on a break to Too-woomba.

This included a trip to the Cobb and Co Museum, local sight-seeing and dining out. Opportunities like this are important for all of us to experience as they are educational & enhance social and community participation.

### GARDENING—GOOD FOR YOUR HEALTH



The South Burnett has always had close to perfect conditions for growing roses.

**Karen** loves tending to her roses and has provided us with a picture of a very good specimen of a **Double Delight Rose**. Especially enjoyed as a gift!

Hub Community Network Inc. Service Manager: Robyn Graham

PO Box 109

Murgon 4605

Website: [www.hubdisabilitysupport.org.au](http://www.hubdisabilitysupport.org.au)

Phone: 41 683 255

Email: [hub@burnett.net.au](mailto:hub@burnett.net.au)

FIND US ON FACEBOOK

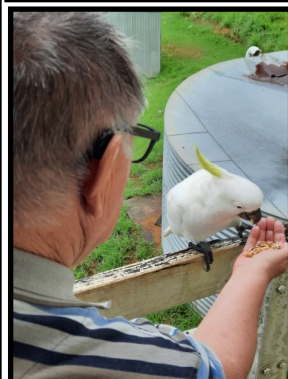






## HUB COMMUNITY NETWORK INC.

### RECENT ACTIVITIES



**Thomas** visited the Bunya Mountains recently for a refreshing holiday from the 20th to the 26th of February. This included several activities such as the Cooyar Campdraft.



### THE AQUARIUM IS GETTING NEARER!



The team and residents at Ny Ku Byun have been working hard to raise funds to have their new aquarium prepared and ready for the residents to benefit from. Part of the fund raising were raffles conducted by Activities Officer—**Kelly**.

Also pictured are **Uncle Neil**, **Uncle Simon** and Sharlene who assisted with the raffle draws.



#### Latest NDIS Disability Report Findings, Oct—Dec 2022.

- More than 570,000 participants are receiving support from the NDIS, as of the 31st of December 2022.
- 20,477 new participants entered the scheme on the last quarter of the year, a 4% increase from the previous quarter.
- There has been a 7.4% increase in the proportion of First Nations NDIS participants in recent years.
- There were 2,153 participants aged under 65 years in residential aged care with an Ndis approved plan.

#### Need to talk with someone?:

Lifeline: 131 114

Beyond Blue: 1300 224 636

**Hub would like pay respects to first nations people past, present and future on this land we live and share as one.**